

COUNTDOWN CALENDAR

Keep track of your progress. Mark off the days and celebrate your milestones.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
HAPPY MAY! Ready, set, go!	Have you posted your 1st walk?		Have you completed your profile?			Spread the word to family, friends & co-workers!
8	9	10	11	12	13	14
One week complete!		Give a shout out and thank those who have donated to you		Spread the word by sharing your activities on social media		
15	16	17	18	19	20	21
	Over halfway through the month!		Share your latest achievement			Spread the word to let everyone know you've only got 10 days left in the challenge
22	23	24	25	26	27	28
		Not long now, keep up the good work!		Final 5 days! Give a last push for donations		
29	30	31				
Only two days to go!		FINAL DAY You did it!				



